

How much do you want to spend on heart disease?

\$50
Walking shoes



\$57,073
Heart bypass surgery

Unhealthy lifestyle choices are a big reason healthcare costs are rising. These costs are reflected in higher insurance premiums, copayments and deductibles for everyone. When it comes to the cost of health care, your choices make a difference.



Source: National Institutes of Health, "The Bypass Angioplasty Revascularization Investigation," 1997.

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